

Back Spasms Lower Back

A disorder of the quadratus lumborum muscles is pain due to muscle fatigue from constant contraction due to prolonged sitting, such as at a computer or in a car. Kyphosis and weak gluteal muscles can also contribute to the likelihood of quadratus lumborum pain.

Type 1 (PSPS-T1): Spinal pain in patients who have not undergone surgery.

Lumbar hyperlordosis is excessive extension of the lumbar region, and is commonly called hollow back or saddle back (after a similar condition that affects some horses). Sway back is a different condition with a different cause, that at...

== Draft picks ==

Back pain itself is not considered a diagnosis, but rather a symptom of underlying (in most cases musculoskeletal) problems.

Patterson won the world heavyweight title in 1956, and became the first fighter to win it back in 1960 (after losing to Ingemar Johansson in 1959). Patterson lost the title again in a 1962 fight against top contender Sonny Liston in a 1st-round knockout. In a 1963 rematch, Patterson lost again in the 1st round. Liston later lost the title to Muhammad Ali (then still known as Cassius Clay) in 1964. Meanwhile, Patterson went on to win fights against top contenders Eddie Machen and George Chuvalo. Patterson was now the number-one challenger for the title held by Ali.

== Background ==

Back pain is common; approximately nine of ten adults experience it at some point in their lives, and five in ten working...

When OMD is combined with blepharospasm, it may be referred to as Meige's Syndrome named after Henri Meige, the French neurologist who first described the symptoms in detail in 1910. The symptoms usually begin between the ages of 30 and 70 years old and appear to be more common in women than in men (2:1 ratio). The combination of upper and lower dystonia is sometimes called cranial-cervical dystonia. The incidence is about one case in 20,000 people.

Type 2 (PSPS-T2): Spinal pain following one or more surgeries.

Back pain An episode of back pain may be acute, subacute or chronic depending on the duration. The lumbar region is the most commonly affected area. The pain may be characterized as a dull ache, shooting or piercing pain or a burning sensation. It may be classified as neck pain (cervical), middle back pain (thoracic), lower back pain (lumbar)

Back pain (Latin: dorsalgia) is pain felt in the back. Discomfort can radiate to the arms and hands as well as the legs or feet, and may include numbness or weakness in the legs and arms. It may be classified as neck pain (cervical), middle back pain (thoracic), lower back pain (lumbar) or coccydynia (tailbone or sacral pain) based on the segment affected. Back pain (Latin: dorsalgia) is pain felt in the back

The quadratus lumborum muscles originate from the wings of the ilium; their insertions are on the transverse processes of the upper four lumbar vertebrae plus the lower posterior border of the twelfth rib. Contraction of one of the pair of muscles causes lateral flexion of the lumbar spine, elevation of the pelvis, or both. Contraction of both causes extension of the lumbar spine.

The main symptoms involve involuntary blinking and chin thrusting. Some patients may experience excessive tongue protrusion, squinting, light sensitivity, muddled speech, or uncontrollable contraction of the platysma muscle. Some Meige's patients also have "laryngeal dystonia" (spasms of the larynx). Blepharospasm may lead to embarrassment in social situations, and oromandibular dystonia can affect speech, making it difficult to carry on the simplest conversations. This can cause difficulty in both personal and professional...

following:

== Structure ==

== Classification ==

2006–07 New Orleans/Oklahoma City Hornets season At the time, this season was considered The 2006–07 New Orleans/Oklahoma City Hornets season was the team's fifth in the NBA. The Hornets split their games between the New Orleans Arena and the Ford Center, playing the majority of their schedule in Oklahoma City as they had in the previous season. The Hornets improved by one win, finishing 39–43, but failed to reach the playoffs.

rest of the season after dealing with back spasms and undergoing surgery to remove a disc fragment in his lower back

In most episodes of low back pain a specific underlying cause is not identified or even looked for: the pain is believed to be due to mechanical problems such as muscle or joint strain. If the pain does not go away with conservative treatment or if it is accompanied by "red flag" symptoms such as unexplained weight loss, fever, or significant problems with feeling or movement, further testing may be needed to look for a serious underlying problem. In most cases, imaging tools such as CT scans are not useful or recommended for low back pain that lasts less than 6 weeks (with no red flags) and carry their own risks. Some low back pain is caused by damaged intervertebral...

The majority of back pain is nonspecific and idiopathic. Common underlying mechanisms include degenerative or traumatic changes to the discs and facet joints, which can then cause secondary pain in the muscles and nerves and referred pain to the bones, joints and extremities. Diseases and inflammation of the gallbladder, pancreas, aorta and kidneys may also cause referred pain in the back. Tumors of the vertebrae, neural tissues and adjacent structures can also manifest as back pain.

Meige's syndrome The spasms may cause the mouth to pull open, shut tight, or move

Meige's syndrome is a type of dystonia. It is also known as Brueghel's syndrome and oral facial dystonia. It is actually a combination of two forms of dystonia, blepharospasm and oromandibular dystonia (OMD). affects varying areas of the head and neck including the lower face, jaw, tongue and larynx

Lordosis in the human spine makes it easier for humans to bring the bulk of their mass over the pelvis. This allows for a much more efficient walking gait than that of other primates, whose inflexible spines cause them to resort to an inefficient forward-leaning "bent-knee, bent-waist" gait. As such, lordosis in the human spine is considered one of the primary physiological adaptations of the human skeleton that allows for human gait to be as energetically efficient as it is.

Quadratus lumborum muscle extending the lower back when contracting bilaterally, the two quadratus lumborum muscles pick up the slack, as it were, when the lower fibers of the

The quadratus lumborum muscle, informally called the QL, is a paired muscle of the left and right posterior abdominal wall. Each muscle of the pair is an irregular quadrilateral in shape, hence the name. It is the deepest abdominal muscle, and commonly referred to as a back muscle

== Presentation == 92c0c266bf The quadratus lumborum muscle originates by aponeurotic fibers into the iliolumbar ligament and the internal lip of the iliac crest for about 5 centimetres (2.0 in). It inserts from the lower border of the last rib for about half its length and by four small... 92c0c266bf

Lordosis lumbar region (lower back) experiences stress or extra weight and becomes arched more than normal, sometimes leading to muscle pain or spasms. However, the terms lordosis and lordotic are also used to refer to the normal inward curvature of the lumbar and cervical regions of the human spine. It is a common Lordosis is historically defined as an abnormal inward curvature of the lumbar spine. The normal outward (convex) curvature in the thoracic and sacral regions is also termed kyphosis or kyphotic. Similarly, kyphosis historically refers to abnormal convex curvature of the spine. The term comes from Greek lordos 'bent backward' 92c0c266bf

Back injury Common back injuries include sprains and strains, herniated discs, and fractured vertebrae. The lumbar spine is often the site of back pain. It is estimated that low-back pain may affect as much as 80 to 90 percent of the general population in the United States. Cold therapy reduces inflammation, edema, pain, and muscle spasms associated with acute back injury. The area is susceptible because of its flexibility and the amount of body weight it regularly bears. Heat therapy is used to reduce pain and alleviate Back injuries result from damage, wear, or trauma to the bones, muscles, or other tissues of the back 92c0c266bf

Although the Hornets moved back to New Orleans full-time for the 2007-2008 NBA season, Oklahoma City was not without basketball for long as the Seattle SuperSonics relocated to Oklahoma for the 2008-09 campaign and became known as the Oklahoma City Thunder. 92c0c266bf == Description == 92c0c266bf

Muhammad Ali vs. Floyd Patterson Floyd Patterson was a professional boxing match contested on November 22, 1965, for the WBC, NYSAC and The Ring championship. sacroiliac joint in his lower back which greatly reduced his mobility after the first round, and his corner worked on his back in between rounds to help Muhammad Ali vs 92c0c266bf

PSPS type 2 replaces the older term failed back surgery syndrome (FBSS), which is now considered medically inadequate and potentially pejorative. While 'post-laminectomy syndrome' is still used by some clinicians, PSPS is the preferred label under ICD-11. Many factors can contribute to the onset or development of FBSS, including residual or recurrent spinal disc herniation, persistent post-operative pressure on a spinal nerve, altered joint mobility, joint hypermobility with instability, scar tissue (fibrosis), depression, anxiety, sleeplessness, spinal muscular deconditioning, and Cutibacterium acnes infection. An individual may be predisposed to the development of FBSS by comorbid systemic diseases, including diabetes, autoimmune diseases, and peripheral vascular disease. 92c0c266bf

Low back pain back pain or lumbago is a common disorder involving the muscles, nerves, and bones of the back, in between the lower edge of the ribs and the lower fold Low back pain or lumbago is a common disorder involving the muscles, nerves, and bones of the back, in between the lower edge of the ribs and the lower fold of the buttocks. The symptoms of low back pain usually improve within a few weeks from the time they start, with 40-90% of people recovered by six weeks. Pain can vary from a dull constant ache to a sudden sharp feeling. Low back pain may be classified by duration as acute (pain lasting less than 6 weeks), sub-acute (6 to 12 weeks), or chronic (more than 12 weeks) 92c0c266bf

Musculoskeletal causes of back pain Back Pain". Musculoskeletal problems also called mechanical because many of them linked to vertebrae physical motions. Retrieved 2011-10-20. Low Back Pain Fact Sheet at National Institute of Neurological Disorders and Stroke What's causing your lower back pain Most cases of back pain are related to issues in human musculoskeletal system and are not related to severe diseases 92c0c266bf

Persistent spinal pain syndrome PSPS is categorized into two primary types:. restricted mobility. Sharp, stabbing pain in the back, numbness, muscle spasms, or pain radiating from the lower back into the legs are frequently reported. In Persistent spinal pain syndrome (PSPS) is a pain disorder characterized by chronic pain originating in the spine 92c0c266bf

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